This wheel shows how abusive partners use different forms of abuse to maintain power and control. Once this pattern has begun, it will continue until the threat of abuse begins to overshadow all aspects of a victim's life.

PHYSICAL ABUSE

PHYSICAL ABUSE

INCLUDING

Controlling what she does, who she sees and talks to, where she goes.

TORTURE AND INTIMIDATION Putting her in fear by: using locks, interfering with mail or phone; gestures, loud voice, smashing things; destroying her property.

USING MALE PRIVILEGE Treating her like a servant making all the "big" decisions. Acting like the master of the castle.

CREDIBLE THREATS—COERSIVE CONTROL If you do not comply, I am willing and ready to hart you; to take the children; to commit suicide; to have you deported.

WISING CHILDREN

Making her sex object.

Making her sex object.

USING CHILDREN

Making her sex object.

WISING CHILDREN

Making her feet guilty about the children, to commit suicide; to have you deported.

WISING CHILDREN

Making her feet guilty about the children, using the sexual parts of her like a sex object.

WISING CHILDREN

Making her feet guilty about the children, using the children to give messages, using visitation as a way to harass her.