

If you answered YES to one or more of these questions, come to

ManKind

Your actions are abusive toward your partner and may constitute DOMESTIC VIOLENCE.

If so, you may be breaking the law, and you could go to jail.

you are not **alone!**

Our society teaches us to believe that to be a man you need to be tough, dominant, extremely competitive, repress empathy, and believe that you are superior to women.

This belief system is the root cause of men's violence towards women and children.

it doesn't have to **be this way!**

come to

ManKind

For further information on class schedule & locations, call the **ManKind office: 415.457.6760**

Classes meet every:

Monday: 4:00 p.m. - 6:00 p.m.

Tuesday: 6:30 p.m. - 8:30 p.m.

Wednesday: 6:00 p.m. - 8:00 p.m.

Saturday: 2:00 p.m. - 4:00 p.m.

HOTLINE NUMBERS

ManKind's 24-Hour Hotline 415.924.1070

Women's 24-Hour Hotline/English 415.924.6616

Women's 24-Hour Hotline/Spanish 415.924.3456



help end domestic violence

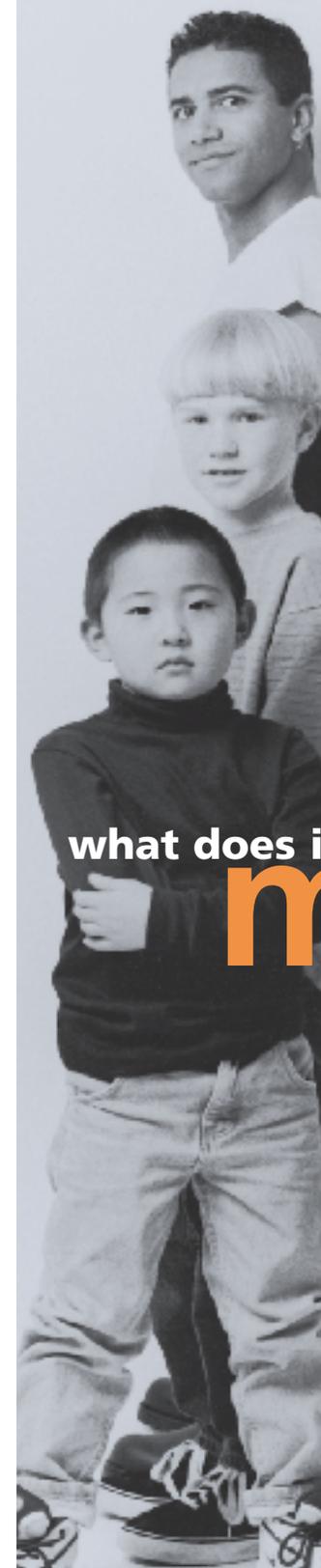
1. Learn about the full range of emotional, verbal, and physical behaviors men use to control their partners.
2. End these behaviors in your own life and challenge other men to end them as well. This includes challenging all forms of sexism wherever you find it. Refuse to laugh at sexist jokes.
3. Support your sons to respect and value women as equals. Support your daughters to be self-loving and powerful.
4. Help build community-wide intolerance for all expressions of male control over women. Make it known to your women friends, family, co-workers, and neighbors that you do not tolerate abusive behavior toward women.
5. Support community efforts to prevent violence against women. Involve your religious center, parents, groups, or neighborhood association in domestic violence prevention projects.

(photo above) Men's Community Action Team members work to end domestic violence through community involvement.

FOR MORE INFORMATION CALL:

ManKind Classes ...415.457.6760

www.mankindprogram.org **CENTER FOR DOMESTIC PEACE.**



what does it mean to be a **man?**

make the decisions

take charge
be the provider

WIN at all costs
fight for your woman
hold your liquor

tough it out
score
call the shots

don't back down
BE THE LEADER

take it like a man
don't be a SISSY
BE TOUGH

big boys don't cry
boys will be boys

ManKind



Operated by
Center for
Domestic Peace

innovative approach

Have You Ever:

	yes	no
1. Yelled or sworn at your partner?	<input type="checkbox"/>	<input type="checkbox"/>
2. Restrained her against her will?	<input type="checkbox"/>	<input type="checkbox"/>
3. Threatened, patronized, or been sarcastic toward her?	<input type="checkbox"/>	<input type="checkbox"/>
4. Humiliated her in private or public?	<input type="checkbox"/>	<input type="checkbox"/>
5. Taken her car keys or money away?	<input type="checkbox"/>	<input type="checkbox"/>
6. Thrown, hit, or destroyed things close to her?	<input type="checkbox"/>	<input type="checkbox"/>
7. Pushed, shoved, or slapped her?	<input type="checkbox"/>	<input type="checkbox"/>
8. Pulled her hair, kicked, or choked her?	<input type="checkbox"/>	<input type="checkbox"/>
9. Forced her to have sex?	<input type="checkbox"/>	<input type="checkbox"/>
10. Threatened to commit suicide if she leaves you?	<input type="checkbox"/>	<input type="checkbox"/>

The primary goals of Center for Domestic Peace's ManKind program founded in 1980, are to help men end their violence and abuse to their partners and to engage men in community advocacy to change the attitudes, beliefs, and behaviors that support men's violence against women and children.

Men's violence against women has a devastating impact on their partners, families, and community. It also stops men from receiving the intimacy, cooperation, and nurturing we all want from intimate relationships. Using a peer advocacy and educational approach, ManKind works to change the belief system that men are superior over women and children. Men's violence against women and children is rooted in this belief system.

In a supportive environment, men explore how they have come to adopt a belief system in which they expect to have authority over and services from their partners, and how this belief system has led them into violent behavior. Men learn how they have confused their sense of self worth, character, and personality with the authoritative male stereotype. Participants are given the tools to replace the destructive Male-Role Belief System with a belief in equality that leads to intimacy with their partners and supports justice for women and children in the community.

ManKind components

YEAR 1—EDUCATION INTERVENTION

This program is comprised of 52, two-hour education classes utilizing the manalive®* curriculum, a peer education approach teaching men how to stop their violence. A trained facilitator supervises the classes in which men are taught the following:

- to recognize that the Male-Role-Belief System is the source of their violence and how to stop their physical and verbal violence
- to replace their perception of superiority over women with an orientation of equality
- to achieve self-fulfillment without being controlling and violent.

* The manalive® curriculum is the property of manalive® Violence Prevention Programs

YEAR 2—COMMUNITY ADVOCACY

After graduating from the first year program, men can receive training and participate in abuse prevention and intervention as Community Advocates. Community advocacy opportunities include:

- working on the ManKind 24-hour Hotline
- facilitating the education classes after completion of training
- joining a Community Action Team to educate and activate the community to make social and institutional changes that support safety and justice for women and children.

FOR MORE INFORMATION CALL:

ManKind CLASSES.....415.457.6760

BATTERER INTERVENTION

FACILITATOR TRAINING415.457.2464

www.mankindprogram.org