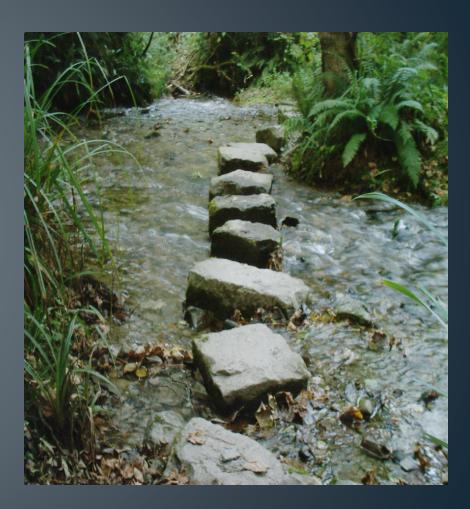


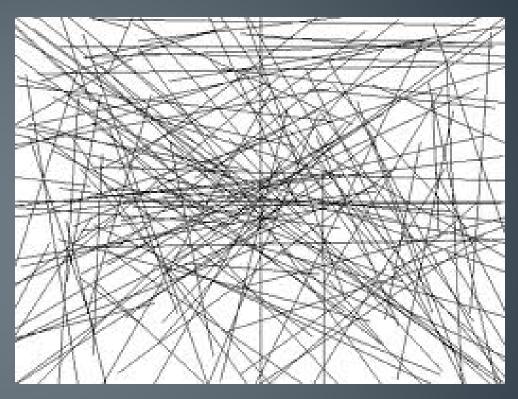
Objectives for Today: Where are we headed?

- Understand how coercive control fits into the patterns of abuse.
- Understand the link between coercive control and establishing the dominant aggressor.
- Practice using the Coercive Control Inventory.



Pattern of Abuse Homicide, **Suicide or Both** Violence Violence © Center for Domestic Peace

What is Coercive Control?



Credible threat for not complying with a demand or expectation that establishes domination in a partners personal life based on fear dependence, deprivation of basic rights and liberties.

Coercive Control

- 1. I control where you go
- 2. I control what you do
- 3. I control how you look
- I control how you spend your money



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Here's How I Control You

- 1. Surveillance: Keeps track of your phone use; tracks your car
- Demands adherence to your clothing
- 3. Inspects the house
- 4. Checks your receipts/bank books
- 5. Asks others (children, neighbors, family) about your whereabouts.
- 6. Spies or follows you

- 8. Limits access to family and friends
- 9. Limits access to transportation
- 10. Threatens to put you in a mental hospital
- 11. Tells CFS you're an unfit parent
- 12. Tells your children lies about you
- 13. Destruction of property or pets.
- 14. Shaming or degradation



Four Corners - Four Types of Control

Read out loud the statement and take it to the corner that you think best matches it and tape it to the flip chart. There are 4 flip charts in the corners:

- 1. Controlling where you go
- 2. Controlling what you do
- 3. Controlling how you look
- 4. Controlling how you spend your money



Credible Threat

Once injury, rape, pushing, shoving, strangling, punching, etc. is established the abuser no longer needs violence to ensure compliance.

Coercive Control Inventory

- 1. Which persons act deprives the other of basic rights or liberties?
- 2. Which person's act has controlling behavior over the other in the relationship?
- 3. Which person's act has the effect of inducing fear?
- 4. Which person's act controls the other's quality of life?
- 5. What were the demands that controlled the quality of life?
- 6. What were the coercive tactics?

The Scene of a Domestic Violence Call

You have been dispatched to the scene for suspected domestic violence. You arrive and separate the parties. Jane called 911. She does has bruising on her face and arms.

Jane reports, "It's so frustrating! I can't even go anywhere —even to visit my mom. Even when he's not here it's like he's watching me all of the time to make sure I'm doing everything right. And then when I do something wrong he tells me that I'm a poor excuse for a wife and mother and he will have my children taken away. He says that when I don't have food on the table I'm not doing my duties as a wife." As the officer you ask, "what started the fight?" She replies, "All I did was take the kids to my mothers house because it's lonely here but that freaked him out. Then he grabbed me and said "you'll never take these kids away from me. No one would believe you that you are a good mother."

John reports, "Look, you understand...All I'm asking for is food on the table and a nice home. It doesn't have to be perfect. And it would be great to know where my kids are and to have them home when I get here. I think as a parent I'm entitled to know that! And yeah, why does she have to look like that. I mean look at her...why can't she look half way decent?!?

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Report Out: Use the Inventory

Answer the following:

- 1. Which persons behavior deprives the other of basic rights, liberties, and quality of life? What were they deprived of?
- 2. In what ways were the victim's quality of life controlled? Why would the victim succumb to that kind of control? Why wouldn't they stand up and say "You're not going to control me!"
- 3. What were the coercive tactics? Why were these tactics effective against the victim?
- 4. Was there a threat of harm? If so, what was it?
- 5. Identify the coercive tactics of isolation and degradation.
- 6. Identify the coercive tactics of surveillance and intimidation.

