



NEWSGRAM SPRING 2018

Did You Know?

- ❖ C4DP's youth advocacy program, Marin Youth Services, launched a new text line (415-526-2557) so young people in Marin can reach a trained healthy relationship advocate and counselor via text!
- ❖ C4DP is now offering trauma therapy for survivors and their children. Call 415-526-2553 for information.

From July 1, 2016 to June 30, 2017, Center for Domestic Peace assisted 4,600 individuals impacted by domestic violence:

- ❖ Answered **3,245 hotline calls** (in both English and Spanish), 24 hours a day, 7 days a week. We provided crisis intervention, safety planning, emotional support, referrals, and information.
- ❖ Provided **emergency shelter and transitional housing for 152 women and 200 children** for a total of 28,056 bed nights, along with personal and economic empowerment activities, food, clothing, transportation, accompaniment, group therapy, childcare, art classes, and help securing permanent housing.
- ❖ Provided **advocacy within the civil and criminal justice system to 435 individuals**, to improve their ability to achieve effective results with restraining orders, police reports, and more.
- ❖ Through Marin Youth Services, provided age appropriate services to **84 youth, teens, and young adults**.
- ❖ Provided **"In This Together" child/parent therapy to 163 children and their non-abusing parents** to heal the trauma caused by witnessing domestic violence and to build family unity.
- ❖ Provided **support groups to 61 non-resident participants**.
- ❖ Educated **115 men** through ManKind **and 26 women** through WomanKind to teach them skills **to stop their violent behavior**.
- ❖ Trained or educated **11,484** professionals, community members, youth service providers, and prevention specialists.
- ❖ **121 volunteers** donated **33,689 hours** of their time, the equivalent of more than **16 full-time staff**.

DATING, DOMESTIC VIOLENCE, AND SEXUAL ASSAULT SURVIVOR SURVEY



Marin's Coordinated Community Response to Domestic Violence Network (CCR), which C4DP co-hosts with Marin's District Attorney, is conducting an anonymous survey to learn from survivors of dating, domestic violence, and/or sexual assault what more is needed to increase safety in Marin. Hearing directly from survivors will help the CCR assess current trends, identify gaps, and shape future responses. We seek diverse input on ways we can improve and where we are getting it right. We invite you to share the survey with your community, individuals you know, and also fill it out yourself, if applicable.

The survey is available at www.c4dp.org/survey.

MARTHA McMILLAN: 25-YEAR LEGACY OF HELP, HEALING, AND MAKING AN IMPACT



For the past 25 years, Marth McMillan has been fueled by a political and passionate desire to support women’s equality. In 1993, Martha came to C4DP with a degree in sociology looking to make an impact. After completing our domestic violence advocate certification program, Martha started as a volunteer on the hotline. The opportunity gave her a deep sense of community, engaging her in doing what was so important to her. Over time, she has worn many hats – hotline advocate, support group facilitator, shelter advocate, childcare worker, volunteer coordinator, and volunteer trainer.

“What inspires me most is helping survivors see they can live a life free of violence. It’s like freeing butterflies out of a jar – getting survivors support to break out of the abuse, the cycle, and let go of the self-blame. It feels like they hit the glass, contained by an invisible barrier; then we show them the top of the jar, and they fly free. I can see the relief, the change when someone listens deeply and understands.”

With compassionate and steady leadership, Martha also facilitated WomanKind classes for more than 10 years, and stepped in to teach at ManKind some 40 times. Working to help abusers understand their violence and take responsibility requires a unique and gifted educator. Helping the abuser move from feeling like the victim to discovering they, too, can be freed from the violence gives her hope.

“It’s amazing I get to be paid to do this, because I get to talk about what means so much to me. It’s a breath of fresh air when I can have an impact and empower people to be free.”

MEN AND BOYS AS ALLIES

WHAT CAN MEN DO?

1. **Be aware** of sexist language that promotes sexist stereotypes, and educate yourself about the ways culture can reinforce toxic stereotypes and beliefs about masculinity and femininity.
2. **Think critically** about how media (including pornography) can shape and distort your ideas about relationships, intimacy, and women. Don’t fund sexism.
3. **Speak up** by challenging jokes, comments, and actions that degrade women. Don’t look the other way.
4. **Support boys** to be their authentic selves by role modeling healthy masculinity.

The #MeToo movement poses the same critical question that the women’s anti-violence movement has raised for more than 40 years: what is it going to take for men to stop their violence toward women? Center for Domestic Peace has dedicated space on our website for relevant content, links, and videos that showcase what men are doing in answer to this question. (Visit: www.c4dp.org/men-speaking).



From high-profile men like President Obama, Robert Redford, and Jackson Katz to men in Marin who have completed training at our ManKind program, men are speaking up against gender-based violence. The value of men’s roles as allies to women cannot be underestimated. The voices of pro-feminist men help share the responsibility of counteracting gender-based violence. Men as allies are crucial to changing cultural norms of hyper-masculinity and the objectification of females. We invite you to be a part of the national dialogue in examining the role of men as agents of change.

C4DP’S 24-HOUR HOTLINES

English	415-924-6616
Spanish	415-924-3456
Mankind	415-924-1070
Marin Youth Services Text, 9AM - 5PM, Monday - Friday	415-526-2557