



# PEACEWATCH

Center for Domestic Peace Newsletter • Fall 2010

## Dear Friends and Supporters,

In 1978, inspired by a co-worker's enthusiasm for her volunteer work at Marin Abused Women's Services (MAWS), I completed the training and became a hotline and shelter volunteer. I joined the Board a year later, and served for six years during the 1980s. When I returned to the board after 2002, MAWS was greatly expanded.

Several years ago the Board began a conversation about whether our name MAWS still fit us. We questioned whether it would serve MAWS and the community better to find a name that encompassed all that we do. On one hand, MAWS' name has been well-known in the community for the past 33 years. Changing our name might lead the community to think we have changed our services or merged (we haven't). A new name also requires much public relations, a great launch, and time for the name to become comfortable.

On the other hand, as we considered the options, we began to find compelling reasons to move forward. With the help of the Taproot Foundation – and after research and surveys of program participants, collaborators, donors, and community members – we decided it was important to take the plunge. Of the names we considered, "Center for Domestic Peace" stood out. It's positive, and focuses on the outcome we strive for. And as Donna Garske pointed out, it's more than a name, it's an instruction: as a verb, "center" calls us to focus our actions. Not only did we like this name for the organization at the local and national levels, but we also found that it resonated with collaborators, supporters, and especially service users we surveyed, who like to think of themselves at a Center for Domestic Peace.

At our 30th anniversary, just before we began this "renaming" process, we marched through San Rafael carrying a banner that read, "Towards A History Without Domestic Violence." Our new name expresses our hope of fulfilling that vision of peace at home for all.

*Cristy Egan*

Cristy Egan  
Chair, Board of Directors



## A Vision Of Domestic Peace

**E**volution – defined as "a process in which something passes by degrees to a different state, especially a more advanced or mature stage" – is a word fitting for the beginning of a story about the progression of MAWS over time. It is a word that tells the story of where the organization started, how it has unfolded, where it is now, and where it might go in the future.

For more than three decades, MAWS has provided a wide range of emergency services, counseling, support and advocacy for thousands of women and their children who have experienced the devastation of domestic violence. As we learned more about the growing problem of domestic violence and the corresponding need for services, education, and prevention, we expanded to include strategies to promote more community involvement for solving the problem of domestic violence and to reach new and diverse audiences, such as men and boys, youth and teens, and non-English speakers. As our expertise and leadership capacity has evolved, we have grown into an organization that also serves the broader community, such as law enforcement, educators, health professionals, employers, and the legal and faith-based communities.



Donna Garske,  
Executive Director

Constituents far beyond Marin have also benefited from a variety of MAWS trainings throughout California and across the country. Our consultation and collaboration with other groups throughout the nation has informed and positively affected the outcomes of domestic violence policies and the development of model prevention programs.

The evolution of our work helped to define the need for a comprehensive identity that includes our current and future efforts and truly reflects the breadth of issues, solutions and constituents we address. Our evolution also called us to lead with our vision for change. Center for Domestic Peace as the new organizational name is that reflection, and that vision.

There are more avenues and opportunities to pursue as Center for Domestic Peace fulfills its purpose to "**mobilize individuals and communities to create safety, justice, and equality, transforming our world so domestic violence no longer exists**". Along the way, current services and programs will remain intact as Center for Domestic Peace finds its roots within the rich soil and legacy of everything we have achieved up to this milestone.

Moving forward with clarity of purpose and with insight for generating even greater achievements in the years ahead requires continued involvement from our supporters, collaborators and the community as a whole. Together, let us look to the day when "domestic peace" is understood as an essential ingredient at the "center" of creating a world of peace.

**Please join us for an Open House  
to celebrate the legacy and  
launch the future of**

**CENTER FOR DOMESTIC  
PEACE**

Home of Marin Abused Women's Services

**WEDNESDAY, OCTOBER 6  
5:30 – 7:30 PM**

**RSVP by October 1  
415.526.2541 or [administrator@c4dp.org](mailto:administrator@c4dp.org)**

Home of Marin Abused Women's Services  
734 A Street, San Rafael, CA  
[www.centerfordomesticpeace.org](http://www.centerfordomesticpeace.org)

## Upcoming Faith Summit Shares Best Practices

**M**AWS' national training center, Transforming Communities (TC-TAT), is excited to announce a **statewide summit** to be held **Nov. 2 - 3, 2010** in Marin that will bring together faith leaders and domestic violence advocates from around California. The summit will facilitate a transfer of knowledge gained through TC-TAT's eight-year project, *Faith Collaboratives for Community Change*.

With funding from the California Department of Public Health, TC-TAT first launched this project in 2002 to build partnerships between faith communities and domestic violence leaders. During the first six years, TC-TAT provided training to nearly 1,000 faith leaders and advocates via workshops in 43 cities. Over the past two years, with funding from the Blue Shield of California Foundation, TC-TAT has facilitated 22 diverse faith teams in implementing prevention action plans. This included a local companion effort, funded by Marin Community Foundation, in which a Marin team carried out a prevention campaign during the 2010 Season for Nonviolence.

The November summit, supported by all three previous funders, will convey the best practices and results of the eight-year project. We encourage community and faith-based partners in Marin to participate in this inspirational and educational summit.

For more information or to attend, please contact [info@transformcommunities.org](mailto:info@transformcommunities.org).

## Grand Jury Report: Marin's #1 Violent Crime

**T**he Marin County Civil Grand Jury recently studied the problem of domestic violence (DV), and identified critical areas for improvement for local civic leaders. The report highlights the broad scope of DV in Marin:

- Violent family felonies make up 30% of violent felony crimes committed
- Each year, the court issues more than 800 restraining orders related to DV
- 87% of the reported cases involve a male and 13% involve a female batterer

Center for Domestic Peace has prioritized a "call to action" to address one of the report's key findings:

**The Board of Supervisors funds domestic violence at a low level when compared to other "social issues" in the county, and in comparison to DV funding in other counties.**

Funding for preventative measures directed at reducing DV has been inadequate in the past, and recently was sharply reduced in Marin. County budget priorities must begin to reflect the serious necessity to eradicate DV in Marin.

**How can you help?** Join us in our effort to mobilize change! Your voice must be heard in order to positively affect the outcomes of DV policies – and ultimately, get the County budget increased for DV prevention and services going forward.

Email us at [EndDomesticViolence@centerfordomesticpeace.org](mailto:EndDomesticViolence@centerfordomesticpeace.org) to show your support and receive updates on how to activate an advocacy action team, collect signatures for important legislation, or help spread the word about the importance of the DV issues that continue to plague Marin County.

*The full report, [Domestic Violence: Marin's Number One Violent Crime, Marin County Civil Grand Jury Report](#), is available online at the County of Marin's website.*

# We Applaud You — OUR SUPPORTERS!

**E**very year at MAWS, we are inspired by the amount of support we receive from the community. This year especially, as we all faced serious fiscal challenges and a turbulent economy, you proved that no matter what the situation, you are committed to eliminating domestic violence in our community. Thanks to your generosity, we were able to meet our 2009-2010 fundraising goal!

We are also grateful to those who generously gave clothing, household items, bedding, and furniture, and who volunteered their time. Even the smallest donation of an outfit or car seat can help rebuild a family's life.

The following is a list of MAWS supporters who donated \$150 or more in cash between July 1, 2009 and June 30, 2010. Although space limitations prevent us from recognizing all of our donors, we are most grateful to each and every one.

### \$10,000 and above

Blue Shield of California Foundation  
Dennis and Carol Ann Rockey Fund  
The Joan Leidy Foundation  
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 Veronica Guillen  
 Violeta Castro and David Vila  
 Wells Fargo Community  
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 William and Mary Hargreaves

## MAWS' 7th Annual Luncheon: in Celebration of Mothers

### ANOTHER SUCCESSFUL EVENT!

This past May, close to 300 loyal MAWS supporters gathered together to celebrate mothers and to raise money for MAWS' direct services and prevention programs. We met our goal of raising \$55,000. We would like to extend our sincerest gratitude to everyone who made this event such a great success, and especially to our mistress of ceremonies, Emmy Award-Winning News Anchor **Dana King**. We hope to see you next May!

*We deeply appreciate the support of all our partners.*

### Lead Business Partner (\$5,000)

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 Marin Independent Journal  
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### Donations of Baskets, Goods or Gift Certificates

20/20 Optical • A.G. Ferrari Foods • Adams Media • Adventure Cat Sailing Charters • Alex Dry Cleaning Valet • Aliph (Jawbone) • Amore Pacific Argonaut Hotel • Art of the Eye • Athena Cosmetics, Inc. • Atlantis Casino Resort Spa • Baby Showers by Mail • Baby Swag • Bauer's Transportation Bay Club Marin • Bay Model Visitor Center • Beach Blanket Babylon • Ben & Jerry's • Berkeley Repertory Theatre • Blue Waters Kayaking • Call of the Sea Camy Designs • Castelli Collection • Champagne Salon & Day Spa • Cheryl Burke Dance • Christine's Upper Crust Pies • Claremont Resort and Spa • Coast Getaways • Comforts • Corte Madera Fire Department • Country Club Bowl Craig's Warehouse • Creative Clips by Colleen • Cutie Pa Tutus • Deckers Outdoor Corporation • Deirdre O'Neill Skin Care • Diamond Sports Card E&O Trading Company • El Dorado Hotel & Casino • Elan Fitness Center Embassy Suites • EO Products • ERGObaby, inc. • Fairmont Hotels & Resorts Foodniks • FOOT! • Gene Hiller • Glendevon Inn • Golden Gate Fields Golden Gate Highway and Transportation District • Golden State Warriors Gordon Biersch Brewery • Green Gulch Farm Zen Center • Guaymas • Gund Hearst Castle • Hearts & Flowers • Heath Ceramics • Her Castle • Hidden Treasures • Horizons • Hornblower Cruises & Events • Hotel Nikko • Hotel Shattuck Plaza • iFly SF Bay • Immendorf Investigations • Incredible Adventures Inn Marin • Intercontinental Mark Hopkins Hotel • ITK Culinary • Jan Marini Jason's Restaurant • Judy's Automotive • King's Ransom • Kota Couture KT Steppers • Lagunitas Brewing Company • Lark Theater • Larkspur Professional Firefighters Association • Laser Center of Marin • Len Mayrisch/ Mary McCutcheon • Libraknits • Lil Baby Cakes • Lindisima • Liquid Fusion Kayaking • Lisa Strain • Luxton Optical • Lyceum Agency • Main Treat • Mama's Milk • Mandarin Oriental San Francisco • Margo Kirkpatrick/Tracy Jaquier Marin Brewing Company • Marin Center • Marin County Sheriff's Dept. • Marin Headlands Hostel • Marine Mammal Center • Marin Symphony Association Marin Theatre Company • Maureen Sweeney • MD Moms • Mill Valley Health Club & Spa • Mill Valley Police Department • Modern Sailing School & Club Mount Tam. Interpretive Assn. • Moylan's Brewery & Restaurant • Mr. Toad's Tours • Nail Savers, Inc. • Napa Valley Wine Train • National Liberty Ship Memorial S.S. Jeremiah O'Brien • Neiman Marcus • Oakland Athletics On The Fly • Osher Marin JCC • Outback Steakhouse • P.F. Chang's China Bistro • Pacific Tan • PacWest Athletics • Paparazzi • Paradise Bay Restaurant & Bar • Paradise Café • Paul's Hat Works • Pelican Inn • Piccolo Teatro di Sausalito Pier 39 • Plumpjack Balboa Café • Poggio • Price Family Dealerships • ProSilk Public House and Mijita • Radisson Fisherman's Wharf • Rebecca Ciccio Rhino Entertainment • Rick Brandis • Rickey's Restaurant & Bar • Ricochet Ridge Ranch • Ripley's Believe It or Not! • Rooney's Café & Grill • Ross Valley Players • Saks Fifth Avenue • San Francisco Opera • San Francisco Symphony San Francisco Wax Museum • San Francisco Whale Tours • Sandbox • Sarah Oliver Handbags • Scandinavian Child • Scoma's • Senator Barbara Boxer Sephora Novato • Serena & Lily • Servino Ristorante • SF MOMA • Simco Restaurants • Sir Francis Drake Hotel • Smuin Ballet • Sol Food • Sonnen BMW Southwest Airlines • Straus Family Creamery • Strawberry Village Dental Care • Sun Sauce • Susie Cakes • Sweet Things • TAP Plastics • Terranova The Capitol Steps • The Caprice Restaurant • The Cheesecake Factory The Counter • The Gage House • The Hill House Inn • The Melting Pot of Larkspur • The Rrazz Room • The Spinnaker • The Stanford Court • The Tavern at Lark Creek • The View from the Bay • Three Peas Co. • Tiburon Fire Department • Tomales Bay Resort • Tootie Pie Company • Tortuga Rum Company • Trader Joe's • Twin Cities Police Authority • Twisted Silver • Vince O'Brien • Vintage Aircraft Company • Water's Edge Hotel • Willie Brown Windgate Press

### Special Thanks

**Mother's Day Event Committee:** Carol Sams—Chair • LeeAnn Bartolini Rita Becker • Mary Beth Culler • Lisa Canepa • Cecilia Castro Garcia • Phyllis Galanis • Dawn Stock • Maureen Sweeney • Jennifer Weller

**Table Captains:** LeeAnn Bartolini • Laura Collins • Mary Beth Culler Maki Daijogo • Rachelle Dorris • Cristy Egan • Carolyn Ford • Phyllis Galanis Cecilia Castro Garcia • Donna Garske • Kate Kain • Kaiser Permanent Margo Kirkpatrick • Chuck Louderback • Denise Lucy • Mary McCutcheon Terri Turet • Carol Sams • Jennifer Weller

## A Survivor's Story

Early one morning, Ali (*not her real name*) was sitting quietly on her couch with her infant daughter. She knew that her husband did not like her to ask him any questions, especially early in the morning. Though she stayed quiet, for no apparent reason he became violent, hitting her on the head and kicking her legs.

Ali had endured his abuse for more than two years; it had started when she was pregnant and continued after the baby was born. She had called the police in the past, and her husband was arrested, served a few months in jail, and then came begging her for another chance.

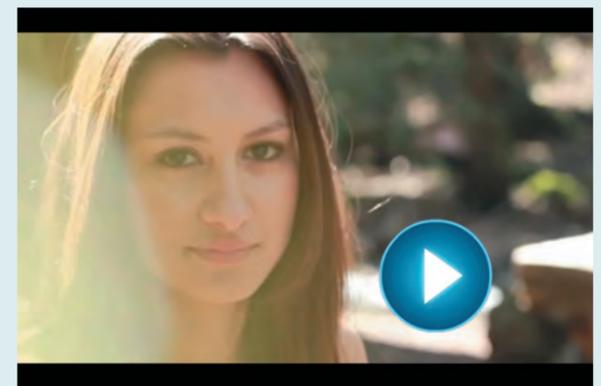
Ali decided to leave her husband after he punched her in front of his mother. His abuse had always happened in private, but the violence was escalating and now she was too humiliated to stay with him. This time, Ali knew she could never go back, so she called the police one last time.

Ali wanted to get the last of her belongings and leave this cycle of violence for good. She thought that since her husband was "on the run" and police were looking for him, he would be nowhere near their home. When Ali and her baby entered, her husband was waiting, and held her against her will, threatening her with a .22 caliber gun.

Thankfully, Ali was able to escape safely with her baby, and she came to MAWS for help. She was frightened and wanted to return to her country where her loving parents were waiting for her. However, before she could leave, she needed to obtain custody of her baby in order to be allowed to travel.

MAWS welcomed Ali and her daughter into our shelter, assisted her with getting a restraining order and custody of her child, and advocated for her with her country's consulate to obtain permission to travel out of the country and a passport for her baby. We provided her with a safe telephone, transportation, domestic violence education, and peer counseling.

Ali was able to re-join her parents and keep herself and her baby safe.



## In Their Own Words

Domestic violence affects people from every walk of life, socio-economic group, gender, religion, race, profession, and education level.

MAWS' new short documentary video features stories from domestic violence survivors – of both physical and emotional abuse – shared by individuals, couples, and family members in their own words.

The video is posted on our website:  
[www.centerfordomesticpeace.org](http://www.centerfordomesticpeace.org).

Please share the video with anyone you think may be in an abusive relationship and could benefit by knowing that they are not alone. Center for Domestic Peace can help them.

## 24-HOUR HOTLINES

**Women's (English)** 415.924.6616  
**Women's (Spanish)** 415.924.3456  
**Men's Hotline** 415.924.1070

## Entire County Asked to Sign Peace Agreement

For more than 33 years MAWS has been working on individual and societal transformation, focusing on changing patterns of abuse and violence in relationships.

We have educated others using a list known as the PEEVSS, which attempts to reflect the many forms and degrees of abuse and violence too often present in interpersonal relationships.

As part of our transition to **Center for Domestic Peace** we have made the commitment to launch a community-wide initiative to end domestic violence, which incorporates and expands on the PEEVSS, asking every resident of Marin County to sign the new **Center for Domestic Peace Individual Peace Agreement**.

Psychological research supports that people are more likely to achieve change if they clearly articulate and commit their goals in writing (Matthews, 2008). The *Individual Peace Agreement* will be unveiled at the **Open House to celebrate the legacy and launch the future of Center for Domestic Peace on October 6**. RSVP to [Administrator@cdp.org](mailto:Administrator@cdp.org) or 415.526.2541.

We believe that change is possible in our community. We hope you will join us in signing the *Individual Peace Agreement* at the Open House, in the days following at one of our **Domestic Violence Awareness Month activities**, or by printing an agreement from our website.



## PEEVSS: The Types of Abuse

### PHYSICAL

Abuse to you or abuse that is done around you. Hitting, restraining, blocking, spitting, squeezing, shaking, strangling, stalking, drowning or locking you out of your house. Throwing, striking, breaking, or upsetting objects. Killing pets to frighten you. Destroying clothing, jewelry, photos, or personal items that are important to you.

### EMOTIONAL

Putting you down, calling you names, telling you that you are crazy or using mind games or manipulations. Treating you like a servant. Making all the “big” decisions and acting like the master of the castle. Controlling what you do, who you see, who you talk to, and where you go. The “silent treatment,” the “evil eye,” or “the look.”

### ECONOMIC

Controlling your financial resources. Keeping you from getting or keeping a job, making you ask for money, giving you an allowance, taking your money, or forbidding you to work or handle your own money.

### VERBAL

Threatening, teasing, taunting, “thingifying,” and trivializing. To *threaten verbally* is to use words that imply physical violence will be done to you or the children. *Teasing* and *taunting* can start out playfully and evolve into abuse. It includes name-calling, jokes, sarcasm, and ostracism. *Thingifying* describes being called a name that makes you seem like an object. These can be profane words or insults such as “filthy,” “lazy,” “nasty,” or “stupid.” To *trivialize* is to use words that imply that you are inferior such as: “You can’t do anything right. You’ll never get a job. You are unfit. Who’d want you?”

### SEXUAL

Sexual behavior that crosses your boundary without your permission. It can be physical in nature, such as pressuring or forcing you to have sex when you don’t want to or to do sexual things that you don’t like. Sexual violence of a verbal nature is talking about sex when you don’t want to or using sexual words that you don’t want to hear. Sexual violence of an emotional nature includes flirting with someone else in your presence, or threatening to have an affair.

### SPIRITUAL

When someone behaves in such a way that your spirit, will or morale is drained and even demeaned. Mocking your spiritual beliefs and customs or denying practice of these. Using improper interpretation of spiritual doctrines to control you or family members.

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Home of Marin Abused Women’s Services

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[www.centerfordomesticpeace.org](http://www.centerfordomesticpeace.org)

## October Domestic Violence Awareness Month Activities

- ♦ **Marin County police cars** will show their support with a Purple Ribbon campaign.
- ♦ **The Silent Witness campaign** – a collection of life-size silhouettes of domestic violence victims, with a description of how each was killed – will be on display in various locations throughout Marin County.
- ♦ All are invited to attend the screening of **“ACT To End Family Violence – The Movie”** on **October 7 at 7pm**. This new film by Michael Mesmer is a 45-minute documentary presenting performers to draw attention to abuse and help prevent it in the future. A question-and-answer session will be held with the director and members of the cast and crew. Center for Domestic Peace – 734 A Street, San Rafael. RSVP at 415.457.2464. \$5.00 suggested donation.
- ♦ The public is invited to the annual ***Dia de los Muertos, Day of the Dead***, memorial and reading of the names of those killed by domestic violence on **October 29, 12 – 2 pm** at Center for Domestic Peace, 734 A Street, San Rafael. RSVP at 415.457.2464.
- ♦ Volunteers and staff will be circulating a quiz throughout Marin County on **October 22 and 24**. The quiz, available for download at [www.centerfordomesticpeace.org](http://www.centerfordomesticpeace.org), highlights the warning signs of domestic violence. We encourage members of the community to participate by distributing copies at places of worship, schools, community groups, etc.
- ♦ Volunteer and staff will be distributing **informational stickers** in **bathroom stalls** around the county to remind those in need that help is available.
- ♦ Volunteers and staff will be posted at several **Safeway stores** on various days to bring awareness and collect **“Change for Social Change.”**

To find out how to get involved please call 415.526.2541.